



NEIGHBOURHOOD BIBLE STUDIES



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No. 5 HOW TO OVERCOME YOUR HANG-UPS' INHIBITIONS, FEARS & SECRET SINS!

1. RECOGNIZE THAT YOU HAVE A PROBLEM

- (a) Humble yourself- **James 4:10** - Humble yourselves in the sight of the Lord, and He shall lift you up."
- (b) Know your weak spots - **Heb. 12:1** - "Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight and the sin which doth so easily beset us, and let us run with patience the race that is set before us.
- (c) Confess your sins- **1 John 1:19** - "If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness."

2. UNDERSTAND WHERE YOUR TROUBLE IS COMING FROM AND WHO YOUR ENEMY IS -

1 Peter 5:8 - “Be sober, be vigilant: because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour.”

Acts 10:38 - “How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.”

John 10:10 - “The thief cometh not, but for to steal, and kill, and to destroy: I am come that they might have life, and have it more abundantly.”

2 Cor. 2:11- “Lest Satan should get an advantage of us: for we are not ignorant of his devices.”

James 4:7 - “Submit yourselves therefore to God. Resist the devil, and he will flee from you.”

1 Peter 5:8-9 - “Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: **Whom resist steadfast in the faith**, knowing that the same afflictions are accomplished in your brethren that are in the world.

Eph. 4:27- “Neither give place to the devil.”

1. DO WHAT NEEDS TO BE DONE TO INSURE A CONTINUED POSITIVE SPIRITUAL ACTION IN YOUR LIFE.

(a) Repent of your sins - **1 John 1:17** - “ But if we walk in the light, as He is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us

from all sin.”

(b) Forsake your sins- **Isa. 55:7** - “Let the wicked forsake his ways, and the unrighteous man his thoughts: and let him return unto the Lord, and he will abundantly pardon.”

(c) Study the Scriptures-**2 Tim. 2:15** - “Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.”

(d) Search the Scriptures - **John 5:39** - “Search the scriptures; for in them ye think ye have eternal life: and they are they which testify of me.”

(e) Take a definite, positive step - **Mark 8: 34-38**- “And when he had called the people unto him with his disciples also, he said unto them, Whoever will come after me, let him deny himself, and take up his cross, and follow me. For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it. For what shall it profit a man, if he shall gain the whole world, and lose his own soul? Or what

shall a man give in exchange for his soul? Whosoever, therefore, shall be ashamed of me and of my words in this adulterous and sinful generation; of him also shall the Son of man be ashamed, when he cometh in the glory of his father with the holy angels.”

(f) **Forward for Christ - Confess His Name** - “Whosoever shall confess me before men, him will I confess also before my Father which is in heaven.”

5. KNOW YOUR RIGHTS IN CHRIST-

2 Cor. 5:17- **A NEW CREATION** - “Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.”

Rom. 8:17- **HEIRS OF GOD** - “And if my children, then heirs; heirs of God, and joint-heirs with Christ...”

1 John 3:1 & 2- SONS OF GOD - “Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God...Beloved, now are we the sons of God, and it doth not yet appear what we shall be...”

Rev. 1:6- KINGS AND PRIEST - “And hath made us kings and priest unto God and his Father; to him be glory and dominion forever and ever. Amen.”

(6) YOU HAVE POWER AND AUTHORITY OVER SATAN & NOTHING SHALL BY ANY MEANS HURT YOU!

Matt. 28:18 - “...All power is given unto me in heaven and in earth.”

Luke 10:19- “Behold, I give you power to tread on serpents and scorpions and over all the power of the enemy: and nothing shall by any means hurt you.”

Matt. 10:1 - “...he gave them power against unclean spirits, to cast them out, and to heal all manner of sickness and all manner of disease.”

Ps. 91:10 - “There shall no evil befall thee, neither shall any plague come nigh thy dwelling.”

7. MOBILIZE YOUR FORCES AND STRENGTH TOGETHER FOR AN ATTACK AGAINST SATANIC FORCES!

(a) Go on the offensive- **2 Cor. 10:5**- “(For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds,) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ.”

(b) Put on the whole armor of God – **Eph. 6:10 -18**- “Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armor of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, and powers, against spiritual wickedness in high places. Wherefore take unto you the whole armor of God, that ye may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; And your feet shod with the preparation of the gospel of

peace; Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the helmet of salvation, and the sword of the Spirit, which is the word of God: Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints.”